



Your **Work-Based Learning**— Learner's Logbook

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Your Name:	Host Org:	
Email:	Contact:	
Start Date:	Tutor:	
End Date:	Signed by:	

The HOUSING CARE Work-Based Learning (WBL) Pathway is the next stage of your learning journey after the MOOC, it was created to reskill senior care workers like you, on emerging AAL (ambient assistant living) technologies in the senior care sector.

The complete toolkit meets the need for digital skills development and their practical mastery especially of those covered in the MOOC. This stage can only take place in a work-based context with a host organisation or suitable/relevant senior care work environment.

The toolkit contains a set of helpful tools to design and implement practical learning activities addressed to you as a Senior Care Worker. The work-based pathway includes:

- Care and treatment delivery through the use of Senior Care technologies;
- Tutoring and trainer support.

This tool will support you in increasing the value of your WBL experience. Using it you will reflect on the main learning results you will get during your day-to-day learning activities.

The Purpose of this Learner Logbook

The purpose of a logbook in the context of work-based learning is to serve as a structured and organised record of your experiences, reflections, achievements, and progress throughout the learning process. It plays a crucial role in enhancing your WBL experience and overall professional development. Here's how:

Documentation and Reflection: The logbook provides a space to document your daily activities, tasks, projects, and interactions. By regularly reflecting on these experiences, you gain deeper understanding and insights into your own learning journey. Reflection helps you identify what you've learned, how you've grown, and develop an awareness of areas where you could improve.

Accountability: Keeping a logbook encourages a sense of accountability. When you document your goals, objectives, and tasks, you're more likely to stay focused and committed to achieving them.

Evidence of Learning: The logbook serves as tangible evidence of your progress and achievements. When you need to demonstrate your skills and accomplishments to supervisors, tutors, or potential employers, you can refer to specific examples and tasks detailed in your logbook.

Goal Tracking: You can use the logbook to track your progress toward the learning objectives and competencies set for the WBL programme. This tracking helps you stay aligned with your goals and make necessary adjustments as you go along.

Feedback and Guidance: Supervisors, tutors, or clients can provide feedback and guidance based on your logbook entries. They can offer insights into your performance, suggest strategies for improvement, and help you align your experiences with your learning objectives.

Promotes Critical Thinking: Writing about your experiences encourages critical thinking. You analyse situations, consider different perspectives, and evaluate your actions and decisions.

Professional Development: A well-maintained logbook can become a valuable resource when preparing for performance evaluations, job interviews, or further education. It showcases your commitment to learning and growth.

Long-Term Learning: The logbook isn't just about the immediate learning experience; it's a tool for lifelong learning. You can refer back to your logbook in the future to revisit lessons learned, refresh your memory, and continue building on your experiences.

Overall, the logbook transforms your work-based learning experience into a structured narrative of growth, development, and achievement. It provides a space to capture both the practical and reflective aspects of your journey, creating a comprehensive record of your professional and personal progress.

Remember:

The learner logbook should be personalised to your unique learning journey and the specific requirements of your WBL journey.

Regularly updating it and reflecting on your experiences will enhance your understanding, skills, and overall professional development.



Sample or indicative Learning Outcomes

At the end of the WBL Pathway you as the learner/care worker will be able to:

- detect and analyse the senior situation in order to understand the main care needs;
- design an individual intervention by applying knowledge of available technologies and Apps;
- select the appropriate technologies and App based on the need analysis carried out;
- apply and use the technologies and Apps in the care and support service provided to the senior;

Some Personal Learning outcomes or competences developed or achieved may include:

- **Improved Communication Skills:** Enhanced written and verbal communication skills through regular interactions with colleagues, supervisors, tutors and clients.
- **Effective Time Management:** Develop strategies to prioritise tasks, meet deadlines, and balance multiple responsibilities. Learn to allocate time efficiently to different tasks and activities.
- Client Relationship Management: Learn to establish and maintain positive relationships with clients or senior patients. Understand their needs, provide excellent service, and address concerns.
- Problem-Solving Abilities: Develop critical thinking skills to analyze problems, identify root causes, and propose effective solutions. While learning to collaborate with team members to brainstorm and implement solutions.
- Leadership and Teamwork: Collaborate effectively within a team, contributing your skills and ideas while respecting others' viewpoints. Take on leadership roles in group tasks, guiding and motivating team members.
- **Technical Proficiency:** Acquire proficiency in using specific software, tools, or equipment relevant to your care work. Gain hands-on experience with technologies commonly used especially those that were mentioned in the MOOC.
- **Continuous Learning Mindset:** Develop a commitment to lifelong learning and professional development. Seek out opportunities for training, workshops, and further education.
- Ethical Awareness: Understand ethical considerations in your industry and demonstrate ethical decision-making. Uphold the highest standards of integrity and professionalism.

1. Describe the OUTCOMES and the LEARNING PROCESS related to the daily activities in which you have been actively involved (main topic focused, care services type, training issues addressed, etc.)

Things to Reflect on:
 Outcomes How was my daily and overall WBL experience? What did I do well, and what I did not? What was the goal of the job? After some task, what will be the next step? What goal can I give myself?
 Learning Process How did I "work"? – (Did I attempt and/or succeed at new tasks and using new technologies?) What did I miss during the "work"? - (support, peer-learning, traditional methods) Where and when did I lose control of what I was doing? – (what was challenging or outside monomore comfort zone and how did I react?) When didn't I lose control and how things went – (the positives, what helped my tasks and role?)



We do not learn from experience...we learn from reflecting on experience.

John Dewey

NOTES:	
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2. In summary, describe the host organisation (senior, relatives, staff in case of senior home, and your relationship with all actors)

The Seniors/Client:	
Host Organisation Staff of the client's relatives:	
Host Organisation Management:	
Any other actors that you interacted with:	





3. List the main LEARNING RESULTS you have gained (knowledge acquired, skills developed during the work-based learning experience etc.)

Main LEARNING RESULTS:	
Why/how did the new learning occur happen?	
What have I been good at and why?	
Which parts of the procedure should I improve?	
What additional knowledge do I need?	





4. List the main <u>unexpected</u> learning results you have gained (knowledge acquired, skills developed during the work-based learning experience etc)

Self-assessment and Self-adjustment of Learning

Unexpected LEARNING RESULTS:
Why/how did this unexpected learning result occur or happen?
What have I been good at and why?
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Which parts of the procedure should I improve?
What additional knowledge do I need?



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Additional NOTES:
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Learning Resources:

List relevant resources such as books, articles, training materials, and websites that have contributed to your learning.		

Appendix:

Attach any relevant:

- Documents,
- Reports,
- Presentations,
- Assessments
- Feedback (tutor or host)
- projects

you've worked on or received during the WBL programme



Supervisor Feedback:

Include feedback & comments from your supervisor regarding your performance, strengths, areas for improvement, and progress toward objectives.

FEEDBACK:	

Final Reflection and Evaluation:

- Summarise your overall experience and growth throughout the programme.
- Evaluate the extent to which you've achieved your learning objectives.
- Outline your future goals, both short-term and long-term, and how the work-based learning experience is helping you progress toward them.

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follow your journey







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