



Grid n. 3 WBL Co-Design with the Hosting Organisation

SECTION 1		
Host Organisation:	Location:	
Contact Person:	Contact Phone:	
Email Address:		
<p align="center">Type of host organisation</p> <p align="center"> <input type="checkbox"/> Seniors alone <input type="checkbox"/> Seniors in a family <input type="checkbox"/> Socio-medical residence <input type="checkbox"/> Technology company <input type="checkbox"/> Other: </p>		
<p align="center">Area(s) in which the learner/care worker would focus during WBL</p> <p> <input type="checkbox"/> Material care and support <input type="checkbox"/> Health care <input type="checkbox"/> Other _____ </p>		
SECTION 2		
<p align="center">3 family with no tech</p>		
<p align="center">Content of the WBL activities:</p> <p>Indicate the main activities (3/4 no more) in which the learner/care worker can be involved, what he/she has to be able to know/ to do for each activity (LEARNING OUTCOMES), what he has to produce (OUTPUT) to demonstrate it.</p>		
MAIN ACTIVITIES IN WHICH THE LEARNER/CARE WORKER WILL BE INVOLVED	LEARNING OUTCOMES	
learn how to use app for the monitoring of basic vital functions through the smartphone such as blood pressure and sleep quality		
check on gps signal Activate apps for sleep quality monitoring		
set the reminder and share them with the family		

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<p>set plan of daily of social activities</p> <p>Set and share a timetable for medicine</p> <p>Use apps to help do sports and physical activities</p> <p>Use meal app to count calories and search for recipes</p> <p>Fluid monitoring</p> <p>Set a strict time</p> <p>Use and play games to prevent the decline or the progress of dementia</p> <p>Download and use game such as car play or chess</p> <p>Emergency intervention and set alert signal on the smartphones</p> <p>Create a documents to share information and data on a cloud so both the family and the care worker can access</p> <p>Set a social contract with the family members to set the limits of the working relationship</p> <p>Set and organise periodical tasks or things to be done</p> <p>Set timetable for daily house care</p>		
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<p>Use and check specific resources about food and recipes for special diets</p> <p>Use instant message to communicate urgently with the family</p> <p>Use online calendar to note all the appointments and share it with the family</p> <p>Teach the client and use correctly the social apps and we call to let the client not feel alienated</p> <p>Use shopping apps to deliver things and food</p> <p>Use home banking and online money management tools to monitor money spend</p> <p>Use and search apps for religious rites Connect to the mess/religious website</p> <p>Check on weather apps to plan the activities</p>		

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Prerequisites professional skills, knowledge and personal competences requested before WBL path starting	
Regulations	Safety and laws