

## INDIVIDUALISED PLAN

### NAME & SURNAME OF THE LEARNER/CARE WORKER

**Family soft Tech**

### Learners' Interests and passions emerged during the self-assessment

- I am interested in caring.
- Be able to assist to seniors
- They want to learn basic technology
- Learning how to use these apps, and how they can use this information in their work.
- They want to manage their time more efficiently, additional time to do this.
- How to teach seniors all the things that they are learning in an improved way.
- How to amend operations in their organisation.
- They want to know more things about the specific diets (gluten free, diet plan).
- They want to know how to cook more dishes related to the diseases.
- More knowledge & more ways of introducing vegetables or fruits.
- Administration of medications.
- Personnel hiring.

### Individualised learning outcomes

### Planned activities in the host organisation - co-planning grid

Organising training group session

*How to use the apps.*

*Cooking workshops*

*Diet nutrients*

*Medication workshops (taking into account the laws of their country)*

*Allergies workshops.*

*Dietary apps*

*Management organisation*

*Training on smartphones and the relevant Apps (Self-educate, how to send videos, etc. how to send videos, etc.)*

*Individual learning or groups with the same level.*

*How to find the right resources to improve their knowledge & Information.*

*How to create password, email address, given the capability to create the right password.*

*How to access the information that is not directly in your phone.*

*How to manage the private data of the clients. GDPR.*